

# ALL HALLOWS Healthcare Trust MEALS ON WHEELS WEEK 1

**DIABETIC**

**Week Commencing: 30<sup>th</sup> April**

**Name:** .....

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Cheese Omelette <input type="checkbox"/> Pork Casserole <input type="checkbox"/> Cheese & Potato Pie <input type="checkbox"/>	Minced Beef Pattie <input type="checkbox"/> Grilled plaice <input type="checkbox"/> Cheese & Onion Quiche <input type="checkbox"/>	Chicken with leeks In a cheese sauce <input type="checkbox"/> Mackerel Salad <input type="checkbox"/> Vegetable Kiev <input type="checkbox"/>	Chicken Kiev <input type="checkbox"/> Toad in the Hole <input type="checkbox"/> Veggie toad in the Hole <input type="checkbox"/>	Pork Steaks <input type="checkbox"/> Fried Cod <input type="checkbox"/> Cauliflower Cheese <input type="checkbox"/>	Chicken Casserole <input type="checkbox"/> Cornish Pastie <input type="checkbox"/> Egg salad <input type="checkbox"/>	Roast Turkey Roll <input type="checkbox"/> Smoked Haddock & Mustard sauce <input type="checkbox"/> Jacket potato and cheese <input type="checkbox"/>
Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>
New Potatoes <input type="checkbox"/>	New Potatoes <input type="checkbox"/>	New Potatoes <input type="checkbox"/>	New Potatoes <input type="checkbox"/>	Chips <input type="checkbox"/>	New Potatoes <input type="checkbox"/>	Roast Potatoes <input type="checkbox"/>
Creamed Potatoes <input type="checkbox"/>	Creamed Potatoes <input type="checkbox"/>	Creamed Potatoes <input type="checkbox"/>	Creamed Potatoes <input type="checkbox"/>	Creamed Potatoes <input type="checkbox"/>	Creamed Potatoes <input type="checkbox"/>	Creamed Potatoes <input type="checkbox"/>
Apple Charlotte & Custard <input type="checkbox"/>	Jam Pudding & Cream <input type="checkbox"/>	Gateaux <input type="checkbox"/>	Rhubarb & Custard <input type="checkbox"/>	fruit crumble with cream <input type="checkbox"/>	Lemon Tart and cream <input type="checkbox"/>	Coconut Tart and Custard <input type="checkbox"/>
Jelly & Cream <input type="checkbox"/>	Cheesecake <input type="checkbox"/>	Chocolate Pudding and chocolate Sauce <input type="checkbox"/>	Blancmange <input type="checkbox"/>	Jelly & Cream <input type="checkbox"/>	Fruit & Custard <input type="checkbox"/>	Trifle <input type="checkbox"/>

**Green = Vegetarian Options**

**Blue = Options Not Suitable For Diabetics**

Alternative meal choices are available on request, please mark on the menu if you would like this option. All menus need to be returned to the driver by Thursday of every week. If you have any concerns regarding the meals please contact Jill Morley 01986 891676:

**Please note: our office working hours are 8:30 – 16:00 Monday to Friday (service answer phone available out of hours)**

# ALL HALLOWS Healthcare Trust MEALS ON WHEELS WEEK 2

**DIABETIC**

**Week Commencing 7<sup>th</sup> April**

Name: .....

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>cheese &amp; potato pie</b> <input type="checkbox"/> Beef Charlotte <input type="checkbox"/> Ham and Cheese Omelette <input type="checkbox"/>	Sausage Pattie <input type="checkbox"/> Smoked Haddock <input type="checkbox"/> <b>Nut Roast</b> <input type="checkbox"/>	Gammon & Pineapple <input type="checkbox"/> Fish Pie <input type="checkbox"/> <b>Potato &amp; Leek Pie</b> <input type="checkbox"/>	Chicken & Mushroom Pie <input type="checkbox"/> <b>Jacket Potato with cheese</b> <input type="checkbox"/> Ham Salad <input type="checkbox"/>	Fried Scampi <input type="checkbox"/> Sausages with Onion Gravy <input type="checkbox"/> <b>Macaroni Cheese</b> <input type="checkbox"/>	Beef Pattie <input type="checkbox"/> Breaded Chicken Breast <input type="checkbox"/> <b>Egg Salad</b> <input type="checkbox"/>	Roast Pork & Apple Sauce <input type="checkbox"/> <b>Cheese &amp; Broccoli Bake</b> <input type="checkbox"/> Cheese omelette <input type="checkbox"/>
Vegetable of Day <input type="checkbox"/> New Potatoes <input type="checkbox"/> Creamed Potatoes <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> New Potatoes <input type="checkbox"/> Creamed Potatoes <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> New Potatoes <input type="checkbox"/> Creamed Potatoes <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> New Potatoes <input type="checkbox"/> Creamed Potatoes <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> Chips <input type="checkbox"/> Creamed Potatoes <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> New Potatoes <input type="checkbox"/> Creamed Potatoes <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> Roast Potatoes <input type="checkbox"/> Creamed Potatoes <input type="checkbox"/>
Jam Pudding & Custard <input type="checkbox"/> Jelly Whip <input type="checkbox"/>	Rice Pudding <input type="checkbox"/> Fruit Jelly & Cream <input type="checkbox"/>	Fruit Crumble & Custard <input type="checkbox"/> <b>Gateaux</b> <input type="checkbox"/>	Semolina <input type="checkbox"/> Jelly & Cream <input type="checkbox"/>	Apple Crumble & Custard <input type="checkbox"/> Apricot Fool <input type="checkbox"/>	Lemon Pudding <input type="checkbox"/> Fruit salad & Cream <input type="checkbox"/>	<b>Cheesecake</b> <input type="checkbox"/> Upside down pudding & custard <input type="checkbox"/>

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# ALL HALLOWS Healthcare Trust MEALS ON WHEELS WEEK 3

**DIABETIC**

**Week Commencing 14<sup>th</sup> April**

Name: .....

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Beef Lasagne <input type="checkbox"/> Cheese and ham omelette <input type="checkbox"/> Cheese & Potato Pie <input type="checkbox"/>	Egg & Bacon Quiche <input type="checkbox"/> Veggie Kiev <input type="checkbox"/> Pork casserole <input type="checkbox"/>	Sausage in onion Gravy <input type="checkbox"/> Ham or cheese salad <input type="checkbox"/> Cornish Pastie <input type="checkbox"/>	Roast Gammon & parsley sauce <input type="checkbox"/> Cod with Cheese & Tomato <input type="checkbox"/> Cheese omelette <input type="checkbox"/>	Beef charlotte <input type="checkbox"/> Cod Gougons <input type="checkbox"/> Nut roast <input type="checkbox"/>	Sausage Pattie & Gravy <input type="checkbox"/> Fish Pie <input type="checkbox"/> Cheese salad <input type="checkbox"/>	Roast Chicken <input type="checkbox"/> Grilled Plaice with lemon <input type="checkbox"/> Cauliflower Cheese <input type="checkbox"/>
Vegetable of Day <input type="checkbox"/> New Potatoes <input type="checkbox"/> Creamed Potatoes <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> New Potatoes <input type="checkbox"/> Creamed Potatoes <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> New Potatoes <input type="checkbox"/> Creamed Potatoes <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> New Potatoes <input type="checkbox"/> Creamed Potatoes <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> Chips <input type="checkbox"/> Creamed Potatoes <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> New Potatoes <input type="checkbox"/> Creamed Potatoes <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> Roast Potatoes <input type="checkbox"/> Creamed Potatoes <input type="checkbox"/>
Jam Tart & Custard <input type="checkbox"/> Jelly & Cream <input type="checkbox"/>	Semolina <input type="checkbox"/> Mousse <input type="checkbox"/>	Dutch Apple Pie & Custard <input type="checkbox"/> Fruit & Cream <input type="checkbox"/>	Lemon Curd Tart with Cream <input type="checkbox"/> Fruit Salad & Cream <input type="checkbox"/>	Lemon sponge Pudding & Custard <input type="checkbox"/> Peaches & Cream <input type="checkbox"/>	rice pudding <input type="checkbox"/> Cheesecake <input type="checkbox"/>	Chocolate Pear Sponge and Custard <input type="checkbox"/> Fruit flan and cream <input type="checkbox"/>

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**DIABETIC**

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# ALL HALLOWS Healthcare Trust

## MEALS ON WHEELS WEEK 4

**DIABETIC**

**Week Commencing 21<sup>st</sup> April**

Name: .....

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Scampi <input type="checkbox"/>	Breaded Chicken <input type="checkbox"/>	Cottage Pie <input type="checkbox"/>	Sausage Meatloaf <input type="checkbox"/>	Minced Beef Pattie <input type="checkbox"/>	Chicken & Mushroom Pie <input type="checkbox"/>	Roast Beef & Yorkshire pudding <input type="checkbox"/>
Sausages in Gravy <input type="checkbox"/>	Bacon & Egg Quiche <input type="checkbox"/>	Smoked Haddock <input type="checkbox"/>	Cornish Pastie <input type="checkbox"/>	Fried Cod <input type="checkbox"/>	Tuna & Pasta Bake <input type="checkbox"/>	Fish Pie <input type="checkbox"/>
Tomato & Herb Pasta with Cheese Topping <input type="checkbox"/>	Leek & Potato Pie <input type="checkbox"/>	Ham Salad <input type="checkbox"/>	Jacket potato with choice of filling <input type="checkbox"/>	Cauliflower Cheese <input type="checkbox"/>	Egg Salad <input type="checkbox"/>	Cheese Omelette <input type="checkbox"/>
Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>
Chips <input type="checkbox"/>	New Potatoes <input type="checkbox"/>	New Potatoes <input type="checkbox"/>	New Potatoes <input type="checkbox"/>	Chips <input type="checkbox"/>	New Potatoes <input type="checkbox"/>	Roast Potatoes <input type="checkbox"/>
Creamed Potatoes <input type="checkbox"/>	Creamed Potatoes <input type="checkbox"/>	Creamed Potatoes <input type="checkbox"/>	Creamed Potatoes <input type="checkbox"/>	Creamed Potatoes <input type="checkbox"/>	Creamed Potatoes <input type="checkbox"/>	Creamed Potatoes <input type="checkbox"/>
Bakewell Tart & Custard <input type="checkbox"/>	fruit Crumble & Custard <input type="checkbox"/>	Fruit Pudding <input type="checkbox"/>	Jam Tart & Custard <input type="checkbox"/>	Semolina & Jam <input type="checkbox"/>	Apple & Custard <input type="checkbox"/>	Trifle <input type="checkbox"/>
Jelly Whip <input type="checkbox"/>	Chocolate Mouse <input type="checkbox"/>	Jelly & Cream <input type="checkbox"/>	Lemon Mousse <input type="checkbox"/>	Fruit Salad & Cream <input type="checkbox"/>	Egg Custard <input type="checkbox"/>	Rice Pudding <input type="checkbox"/>

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