

# ALL HALLOWS Healthcare Trust

Week Commencing:

Week 1

NAME: .....

**DIABETIC**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Chicken & Leek Pie <input type="checkbox"/> Fish cakes Tomato & Herb Bake <input type="checkbox"/>	Liver & Bacon Casserole <input type="checkbox"/> Cheese and ham omelette <input type="checkbox"/> Grilled Plaice <input type="checkbox"/>	Beef Charlotte <input type="checkbox"/> Jacket Potato <input type="checkbox"/> Broccoli Bake <input type="checkbox"/>	Toad in the Hole <input type="checkbox"/> Fish Pie <input type="checkbox"/> Veggie toad in the hole <input type="checkbox"/>	Beef Dumpling <input type="checkbox"/> Fried Cod <input type="checkbox"/> Cauliflower cheese <input type="checkbox"/>	Sausage Pattie <input type="checkbox"/> Ham Salad <input type="checkbox"/> Cheese & Onion Quiche <input type="checkbox"/>	Roast Turkey Roll <input type="checkbox"/> Cod with Sauce Plain Omelette <input type="checkbox"/>
Vegetable of Day <input type="checkbox"/> POTATO: Creamed <input type="checkbox"/> New <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed <input type="checkbox"/> New <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed <input type="checkbox"/> New <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed <input type="checkbox"/> New <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed <input type="checkbox"/> Chips <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed <input type="checkbox"/> New <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed <input type="checkbox"/> Roast <input type="checkbox"/>
Apple Charlotte & Custard <input type="checkbox"/> Jelly & Cream <input type="checkbox"/>	Trifle <input type="checkbox"/> Egg Custard <input type="checkbox"/>	Rice Pudding <input type="checkbox"/> Peach Flan <input type="checkbox"/>	Rhubarb Pie & Custard <input type="checkbox"/> Blancmange <input type="checkbox"/>	Upside Down Pudding <input type="checkbox"/> Apricots & Cream <input type="checkbox"/>	Semolina <input type="checkbox"/> Lemon Mousse <input type="checkbox"/>	Chocolate Pear Sponge & Cream <input type="checkbox"/> Fruit & Cream <input type="checkbox"/>

Green = Vegetarian Options

Blue = Options Not Suitable For Diabetics

Alternative meal choices are available on request, please mark on the menu if you would like this option. All menus need to be returned to the driver by Thursday of every week. If you have any concerns regarding the meals please contact Jill Morley 01986 891676:

**Please note: our office working hours are 8:30 – 16:00 Monday to Friday (service answer phone available out of hours)**

# ALL HALLOWS Healthcare Trust

Week Commencing:

WEEK 2

Name .....

**DIABETIC**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Egg & Bacon Quiche <input type="checkbox"/> Sausages in gravy <input type="checkbox"/> Cheese Omelette <input type="checkbox"/>	Lasagne <input type="checkbox"/> Plaice <input type="checkbox"/> Nut Roast <input type="checkbox"/>	Gammon & Peach Sauce <input type="checkbox"/> Chicken & leeks in cheese sauce <input type="checkbox"/> Potato and leek pie <input type="checkbox"/>	Liver & Bacon Casserole <input type="checkbox"/> Breaded chicken <input type="checkbox"/> Veggie Sausage <input type="checkbox"/>	Fried Scampi <input type="checkbox"/> Steak & Kidney Pie <input type="checkbox"/> Tomato and herb pasta bake <input type="checkbox"/>	Sausage meat Loaf <input type="checkbox"/> corned beef hash <input type="checkbox"/> cheese omelette <input type="checkbox"/>	Roast Pork & Apple Sauce <input type="checkbox"/> Grilled plaice <input type="checkbox"/> Cheese & Broccoli Bake <input type="checkbox"/>
Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/>
POTATO: Creamed <input type="checkbox"/> New <input type="checkbox"/>	POTATO: Creamed <input type="checkbox"/> New <input type="checkbox"/>	POTATO: Creamed <input type="checkbox"/> New <input type="checkbox"/>	POTATO: New <input type="checkbox"/> Creamed <input type="checkbox"/>	POTATO: Creamed <input type="checkbox"/> Chips <input type="checkbox"/>	POTATO: Creamed <input type="checkbox"/> New <input type="checkbox"/>	POTATO: Creamed <input type="checkbox"/> Roast <input type="checkbox"/>
Ginger Pudding & Custard <input type="checkbox"/> Jelly Whip <input type="checkbox"/>	Apple & Rhubarb Crumble <input type="checkbox"/> Blancmange <input type="checkbox"/>	Semolina & Jam <input type="checkbox"/> Fruit Jelly <input type="checkbox"/>	Lemon Meringue <input type="checkbox"/> Gateaux <input type="checkbox"/>	chocolate pudding and chocolate sauce <input type="checkbox"/> Fruit & Cream <input type="checkbox"/>	Spotted Dick & Custard <input type="checkbox"/> Crème Caramel <input type="checkbox"/>	Apple pie and custard <input type="checkbox"/> Cheesecake <input type="checkbox"/>

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# ALL HALLOWS Healthcare Trust

Week Commencing:

WEEK 3

NAME: .....

**DIABETIC**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Savoury Mince <input type="checkbox"/> Toad in the Hole <input type="checkbox"/> Veggie toad in the hole <input type="checkbox"/>	Steak & Kidney Pudding <input type="checkbox"/> Cornish Pastie <input type="checkbox"/> Leek Mornay <input type="checkbox"/>	Sausage meat Loaf <input type="checkbox"/> Cod with cheese & tomato topping <input type="checkbox"/> Veggie Sausage <input type="checkbox"/>	Roast Gammon & Parsley Sauce <input type="checkbox"/> Chicken Breast <input type="checkbox"/> Cheese Omelette <input type="checkbox"/>	Beef Pattie <input type="checkbox"/> Cod Gougons <input type="checkbox"/> Cheese and potato pie <input type="checkbox"/>	Pork Casserole <input type="checkbox"/> Macaroni Cheese Ham salad <input type="checkbox"/>	Roast chicken <input type="checkbox"/> Plaice with lemon <input type="checkbox"/> Cheese Omelette <input type="checkbox"/>
Vegetable of Day <input type="checkbox"/> POTATO: Creamed <input type="checkbox"/> New <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed <input type="checkbox"/> New <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed <input type="checkbox"/> New <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed <input type="checkbox"/> New <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed <input type="checkbox"/> Chips <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed <input type="checkbox"/> New <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed <input type="checkbox"/> Roast <input type="checkbox"/>
Rice Pudding <input type="checkbox"/> Jelly & Cream <input type="checkbox"/>	Apple Crumble & Cream <input type="checkbox"/> Chocolate Mousse <input type="checkbox"/>	Semolina & Jam <input type="checkbox"/> Lemon Meringue Pie <input type="checkbox"/>	Chocolate Pudding & White Sauce <input type="checkbox"/> Angel Delight <input type="checkbox"/>	Lemon Pudding <input type="checkbox"/> Gateaux <input type="checkbox"/>	Upside down Pudding <input type="checkbox"/> Cheesecake <input type="checkbox"/>	Apricot Crumble & Custard <input type="checkbox"/> Semolina <input type="checkbox"/>

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**Week Commencing:**

**WEEK 4**

**NAME:** .....

**DIABETIC**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Beef Cobbler <input type="checkbox"/> Scampi <input type="checkbox"/> Tomato and herb pasta bake <input type="checkbox"/>	sausage and onion gravy <input type="checkbox"/> Bacon & Egg Quiche <input type="checkbox"/> Leek and Potato Pie <input type="checkbox"/>	Turkey and Ham Pie <input type="checkbox"/> Chicken Kiev <input type="checkbox"/> Veggie Sausage <input type="checkbox"/>	Beef Stew & Dumplings <input type="checkbox"/> Plaice and lemon <input type="checkbox"/> Jacket potato cheese <input type="checkbox"/>	Cottage pie <input type="checkbox"/> Fried Haddock <input type="checkbox"/> Cauliflower Cheese <input type="checkbox"/>	Chicken Casserole <input type="checkbox"/> Sausage Pattie <input type="checkbox"/> Fish Fingers <input type="checkbox"/>	Roast Beef & Yorkshire Cornish Pastie <input type="checkbox"/> Cod & Parsley Sauce <input type="checkbox"/>
Vegetable of Day <input type="checkbox"/> POTATO: Creamed chips <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed New <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed New <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed New <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed Chips <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed New <input type="checkbox"/>	Vegetable of Day <input type="checkbox"/> POTATO: Creamed Roast <input type="checkbox"/>
Apple Pie <input type="checkbox"/> Jelly Whip <input type="checkbox"/>	Treacle pudding and custard <input type="checkbox"/> Apricot Fool <input type="checkbox"/>	Spotted dick and custard <input type="checkbox"/> Chocolate Mousse <input type="checkbox"/>	Bakewell Tart & Custard <input type="checkbox"/> Semolina & Jam <input type="checkbox"/>	Bread & Butter Pudding <input type="checkbox"/> Fruit & Cream <input type="checkbox"/>	Apple and Pear Crumble <input type="checkbox"/> Crème Caramel <input type="checkbox"/>	Rice Pudding <input type="checkbox"/> Fruit & Cream <input type="checkbox"/>

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